

General suicide reduction tools

| Tool | Brief Description |
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| <p>The Zero Suicide Toolkit</p> <p>Availability: Free</p> <p>http://zerosuicide.sprc.org/toolkit</p> | <p>Zero Suicide is a key concept of the 2012 National Strategy for Suicide Prevention, a priority of the National Action Alliance for Suicide Prevention (Action Alliance), a project of Education Development Center's Suicide Prevention Resource Center (SPRC), and supported by the Substance Abuse and Mental Health Services Administration (SAMHSA).</p> <p>After researching successful approaches to suicide reduction, the Action Alliance's Clinical Care and Intervention Task Force identified seven essential elements of suicide care for health and behavioral health care systems to adopt:</p> <ol style="list-style-type: none">1. Lead – Create a leadership-driven, safety-oriented culture committed to dramatically reducing suicide among people under care. Include survivors of suicide attempts and suicide loss in leadership and planning roles.2. Train – Develop a competent, confident, and caring workforce.3. Identify – Systematically identify and assess suicide risk among people receiving care.4. Engage – Ensure every individual has a pathway to care that is both timely and adequate to meet his or her needs. Include collaborative safety planning and restriction of lethal means.5. Treat – Use effective, evidence-based treatments that directly target suicidal thoughts and behaviors.6. Transition – Provide continuous contact and support, especially after acute care.7. Improve – Apply a data-driven quality improvement approach to inform system changes that will lead to improved patient outcomes and better care for those at risk. <p>The Zero Suicide Toolkit presents multiple sets of tools organized according to the seven essential elements of Zero Suicide implementation. For each essential element, the toolkit provides a comprehensive list of readings and implementation resources for health and behavioral health care systems.</p> <p>In addition to the toolkit, the Zero Suicide website http://zerosuicide.sprc.org/ includes information about how to get technical assistance in adopting and implementing the Zero Suicide approach.</p> |